

# PLUNGE WEEKEND FESTIVAL

## Schedule of Events

### FRIDAY, February 2, 2024

**4-7PM** **Registration & Souvenirs**  
Rehoboth Beach Convention Center

### SATURDAY, February 3, 2024

**10AM** **5K Run to the Plunge**  
Rehoboth Ave & the Boardwalk

**10AM-3PM** **Sand Sculpting Demonstration**  
*timing subject to change based on weather*  
Boardwalk near Candy Kitchen  
Featuring Andy West & the "Sand Bears"

**11AM-2PM** **Jolly Trolley Tours**  
Rehoboth Ave & the Boardwalk

**12-2PM** **Fire & Ice**  
*while supplies last*  
Atlantic Sands Ballroom  
Hot wings & ice cream tastings

**2:30-5PM** **Restaurant Chili Contest**  
Look for the 🌶️ on the map to find participating restaurants.  
Ballots (\$10) can be purchased at participating restaurants & Souvenirs.

### SUNDAY, February 4, 2024

**9AM-12PM** **Ice Sculpting Demonstration**  
Atlantic Sands Hotel & the Boardwalk  
Featuring Ice Lab, LLC

**9AM-1PM** **Sand Sculpting Demonstration**  
*timing subject to change based on weather*  
Boardwalk near Candy Kitchen  
Featuring Andy West & the "Sand Bears"

**10AM-1PM** **Registration & Souvenirs**  
Tents near bandstand on Rehoboth Ave

**1PM** **POLAR BEAR PLUNGE**  
*for Special Olympics Delaware*  
Plunge Zone - Rehoboth Beach

**1:15PM** **Après Plunge Party**  
*while supplies last*  
Rehoboth Beach Convention Center

## 5K RUN TO THE PLUNGE

**Saturday at 10:00 a.m.**

Registration opens at 8:30 a.m.  
Rehoboth Ave & the Boardwalk

Presented by 

*In memory of Len Leshem*

*A long-time supporter of Special Olympics, Len was part of the organizing committee that took the Plunge from a singular event on the first Sunday in February to a robust Weekend Festival of activities, including the 5K – which he was so passionate about.*

## LEVIN MATCHING FUND

*Irv & Phyllis*  
**LEVIN**  
MATCHING FUND  
FOR SPECIAL OLYMPICS DELAWARE

Irv & Phyllis Levin have committed to **match, dollar for dollar**, donations made to the Levin Matching Fund.

Go see them on the boardwalk on Sunday – they take cash, check (payable to Special Olympics Delaware), credit card, and Venmo.

Use the QR code below to donate online:



## APRÈS PLUNGE PARTY

**Sunday at 1:15 p.m.**

Immediately following the Plunge!  
Rehoboth Beach Convention Center  
Free for Bears; \$5 for friends & family age 10+  
Pizza & chili courtesy of **Nicola Pizza**  
Music from Greg Mack's Band 33 1/3

Presented by 

**Special Olympics Delaware** 

Special Olympics Delaware changes lives by promoting understanding, acceptance and inclusion between people with and without intellectual disabilities.

Your support fuels the mission of Special Olympics Delaware to provide year-round sports training, competition, leadership opportunities and health screenings to thousands of athletes.

[WWW.SODE.ORG](http://WWW.SODE.ORG)

MISSION PARTNER

DELAWARE  
  
LAW ENFORCEMENT  
for SPECIAL OLYMPICS

Delaware Law Enforcement for Special Olympics is our organization's largest grass-roots public awareness and fundraising vehicle.

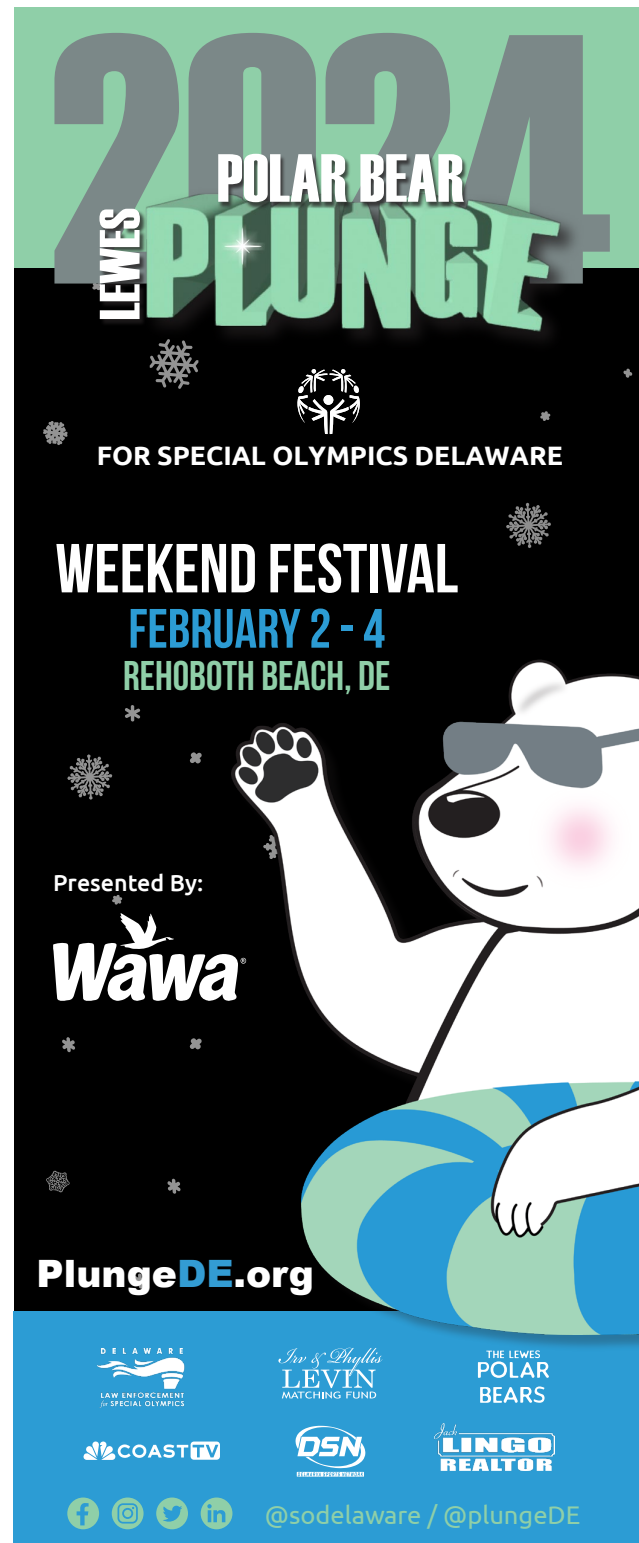
Their year-round commitment includes the presentation of medals at all competitions, as well as volunteer efforts and fundraising initiatives. All Special Olympics Delaware events, including - and especially - the Plunge, would not be possible without our partnership with law enforcement.

PRESENTING SPONSOR

**Wawa**

Wawa and The Wawa Foundation have been supporting Special Olympics Delaware and the Plunge for 18 years, finding various ways to help fuel our mission and empower our athletes.

You can help Wawa continue to support our athletes by stopping into your local Wawa through February 18. Drop your spare change into the coin canisters, round up to the nearest dollar, or add a donation at the register.



**2024 LEWES POLAR BEAR PLUNGE**

FOR SPECIAL OLYMPICS DELAWARE

**WEEKEND FESTIVAL**  
**FEBRUARY 2 - 4**  
**REHOBOTH BEACH, DE**

Presented By:  
**Wawa**

**PlungeDE.org**

DELAWARE LAW ENFORCEMENT FOR SPECIAL OLYMPICS | Irv & Phyllis LEVIN MATCHING FUND | THE LEWES POLAR BEARS

COAST TV | DSN | JACK LINGO REALTOR

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## Restaurants

1. **Above the Dunes**  
10% off non-discounted items Fri.-Sun.
2. **Arena's Deli**  
10% off when wearing Plunge hoodie or 5K Run shirt Fri.-Sun.
3. **Café Azafran**  
10% off Fri.-Sun.
4. **Chesapeake & Maine** 🌶️  
Chili Contest Sat.
5. **Dos Locos** 🌶️  
15% off Fri.-Sun.  
Chili Contest Sat.
6. **Downtown Blues** 🌶️  
10% off entire check Fri.-Sun.  
Chili Contest Sat.
7. **Eden**  
20% off Fri.-Sat.
8. **Jam Bistro**  
20% off Fri.-Sat; Sun. brunch
9. **Kiwi's Kove at the Sands** 🌶️  
Chili Contest Sat.
10. **Mariachi** 🌶️  
10% off Fri.-Sun.  
Chili Contest Sat.
11. **Nalu Rehoboth Beach** 🌶️  
Chili Contest Sat.
12. **Rehoboth Ale House** 🌶️  
10% off Sat.-Sun.  
Chili Contest Sat.
13. **Snyder's Candy**  
20% off non-sale items Fri.-Sun.
14. **The Blue Hen**  
10% off Fri.-Sun.
15. **The Pines** 🌶️  
10% off entire table (excl. alcohol) Fri.-Sun.  
Chili Contest Sat.
16. **Tiki Jac's** 🌶️  
Chili Contest Sat.
17. **Zoggs Raw Bar & Grill** 🌶️  
Chili Contest Sat.

## Retailers

- A. **Avenue Apothecary & Spa**  
10% off spa services + retail (excl. Eminence Organics) Fri.-Sun.
- B. **Browseabout Books**  
10% off Fri.-Sun.
- C. **Coastal Hobo**  
10% off Fri.-Sun.
- D. **Critter Beach**  
15% off Fri.-Sun.
- E. **Extended Play**  
20% off Fri.-Sun.
- F. **Gidget's Gadgets**  
20% off Fri.-Sun.
- G. **Odysea...destination beach**  
15% off Fri.-Sun.
- H. **Pet Wants Rehoboth Beach**  
10% off Fri.-Sun.
- I. **Yesteryears Old Time Photos**  
\$8 Commemorative Plunge photo; 10% off old time photos Sun.  
Open Sun. @ 11 a.m.

Businesses located outside of the map:

### RT 1 SOUTH

- Bluecoast Rehoboth** 30115 Veterans Way  
10% off Fri.-Sun.
- Jersey Mike's** 18598 Coastal Hwy, Unit 2  
10% off Fri.-Sun. Dine-in only.
- Surf Bagel** 17382 Coastal Hwy, Lewes  
20% off Fri.-Sun.
- Thompson Island Brewing Co.** 30133 Veterans Way  
10% off Fri.-Sun.

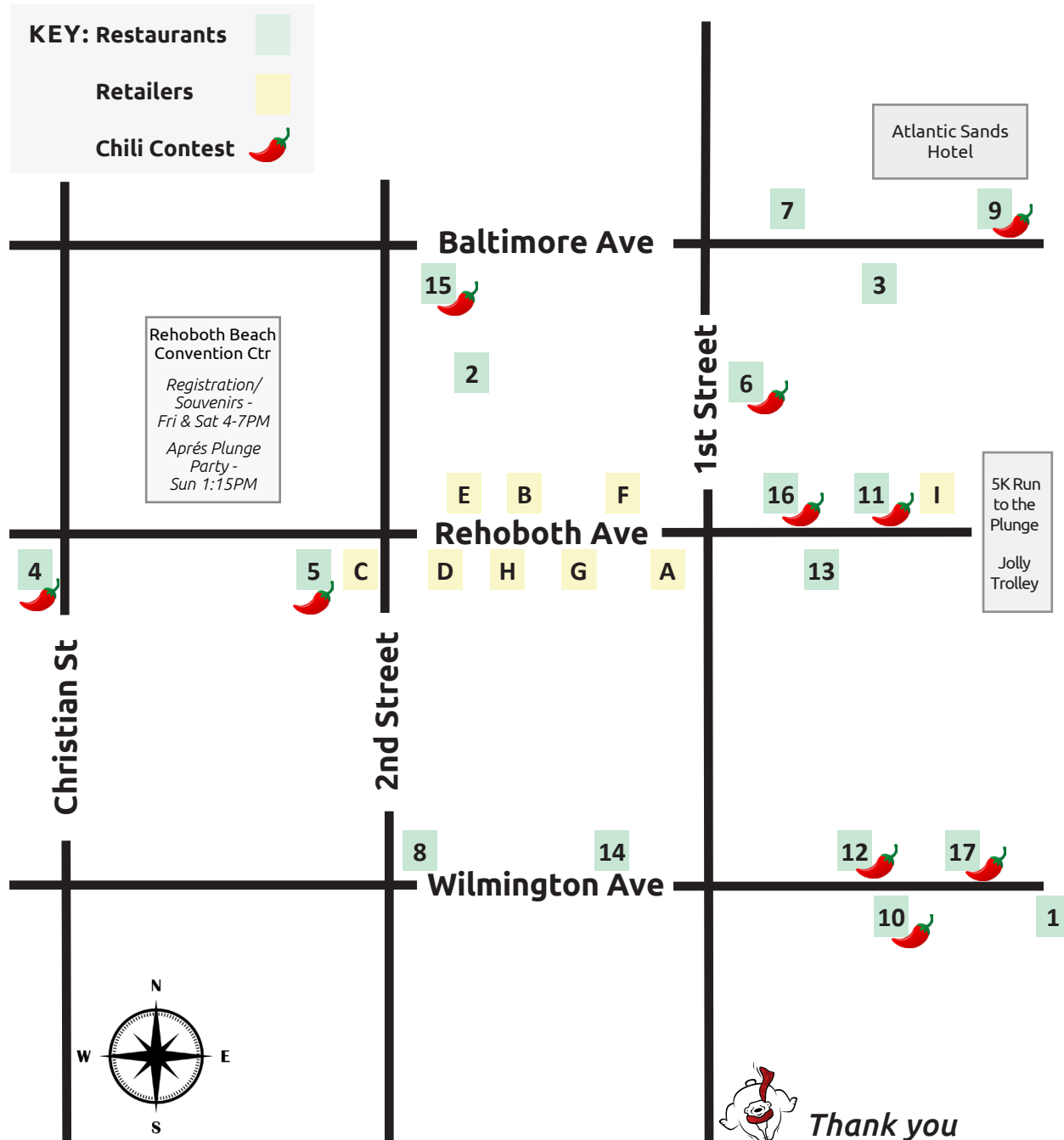
### RT 1 NORTH

- Applebee's Rehoboth Beach** 36501 Seaside Outlet Blvd  
\$5 off orders of \$30 or more (excl. alcohol) Fri.-Sun.
- Buffalo Wild Wings** 19930 Lighthouse Plaza  
10% off Fri.-Sun. Dine-in only; excl. alcohol.
- Chick-fil-A Rehoboth Beach** 19531 Coastal Hwy  
Free original Chick-fil-a sandwich Fri.-Sat.
- Crabby Dick's** 18831 Coastal Hwy 🌶️  
20% off (excl. daily specials) Fri.-Sun.; Chili Contest Sat.
- Nicola Pizza** 17323 Ocean One Plz, Lewes  
15% off Fri.-Sun.
- Outback Steakhouse** 19917 Sea Blossom Blvd 🌶️  
20% off Fri.-Sun.; Chili Contest Sat.

# Lewes Polar Bear Plunge Weekend Festival

Rehoboth Beach, Delaware • February 2 - 4, 2024

To receive discounts, Polar Bears must wear event wristband obtained at Registration.



Download our exclusive **PLUNGE HUB** app to stay connected and fully informed.



**Thank you**

to all of the generous local businesses who welcome our Polar Bears into their doors!