

# WHAT TO EXPECT ON YOUR BIG DAY



1

## ARRIVE AT 300 DELAWARE AVE & CHECK IN

Please arrive one hour prior to your scheduled rappel time. A Special Olympics Delaware athlete will escort you from the lobby to the 10th floor for registration.



2

## HEAD TO STAGING

An OTE technician will get you all set up in your rappelling gear.

3

## TRAINING RAPPEL

On the roof, another OTE technician will help you get comfortable in the harness with a quick training.

4

## GET SET AT THE EDGE... AND DESCEND!

A third OTE technician, plus a group of ropes volunteers, will get you all set for your rappel. You got this! Will you look down?

*\*Don't forget to pose at the edge so we can capture your iconic rooftop photo!*



5

## TOUCH DOWN

Ropes volunteers will guide you safely into the landing zone. **You did it!** You can participate in a brief interview for the livestream, plus take plenty of photos!



6

## THAT'S A WRAP!

Head back up to the 10th floor to return your gear & retrieve your personal belongings. Don't forget to share on social! Want to come back for more? Register for next year NOW:

[www.sode.org](http://www.sode.org)

