

# Run with the Flame

Sponsored by

**NICOLA PIZZA**

## About the Event

For the first time the public is invited to participate in the kick-off of the Law Enforcement Torch Run as part of the inaugural *Run with the Flame*. This two-mile run -- with the first mile dedicated to fallen officer Chris Shea -- is sponsored by **Nicola Pizza** and will begin at the Rehoboth Beach Bandstand on June 10 at approximately 7:45 p.m. The run will follow the kick-off ceremony, which begins at 7:30 p.m. at the Bandstand.

Runners should be able to keep up a 10-minute mile pace, which will keep them within the traffic-controlled confines of the group. There will be a shuttle available at the one-mile mark for those not wanting to run the entire two miles. This is not a timed event; awards and prizes will not be given.

To register for the event, visit [www.sode.org/letr/torch-run.asp](http://www.sode.org/letr/torch-run.asp); or, fill out the form below & fax to 302-831-3483.

## Event Logistics

<b>Date</b>	Wednesday, June 10, 2009
<b>Registration Opens</b>	6:00pm, Rehoboth Beach Bandstand
<b>Run Time</b>	7:45pm, following LETR Kick-off ceremony which begins at 7:30pm
<b>Cost</b>	\$25; runners will receive official Torch Run T-shirt
<b>Note</b>	This is not a timed event. Awards or prizes <b>will not</b> be given



## Pre-Registration Form

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Gender (please circle) M F  
Street: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone: (\_\_\_\_) \_\_\_\_\_ Tee-Shirt size (please circle) Adult S M L XL XXL XXXL  
E-mail: \_\_\_\_\_ Emergency Contact: \_\_\_\_\_  
Emergency Contact Phone #: \_\_\_\_\_

Payment  Check enclosed (payable to Special Olympics Delaware)

M/C or Visa Acct. # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Return this completed form to: Special Olympics Delaware • University of Delaware • Newark • DE • 19716-1901  
or fax 302-831-3483